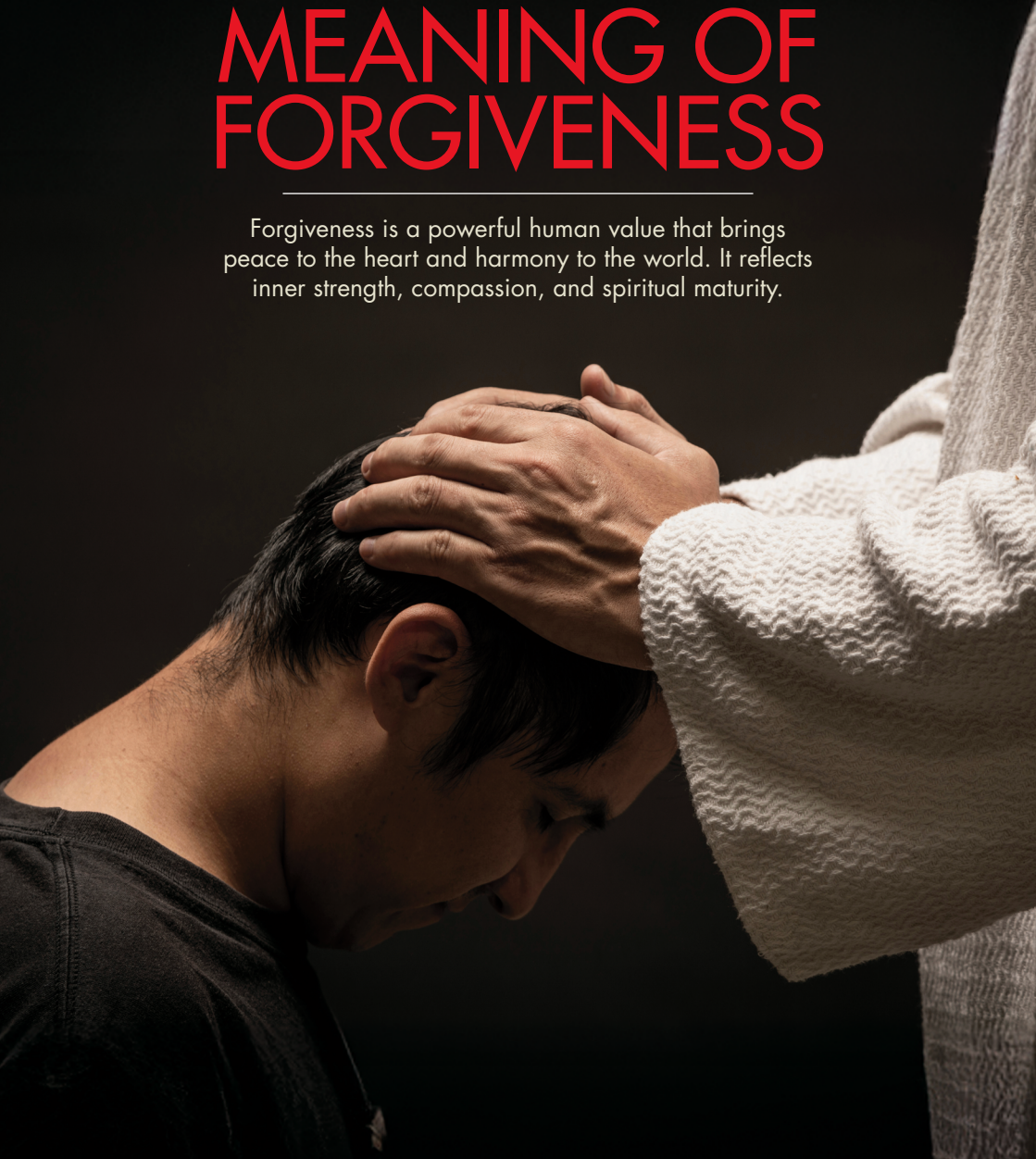




MEANING OF FORGIVENESS

Forgiveness is a powerful human value that brings peace to the heart and harmony to the world. It reflects inner strength, compassion, and spiritual maturity.



7

MEANINGS OF FORGIVENESS

1

Letting Go of Resentment

Forgiveness means releasing anger, bitterness, and the desire for revenge against someone who has wronged us.

2

An Act of Inner Strength

It takes courage and emotional maturity to forgive. True strength lies in showing mercy, not retaliation.

5

A Spiritual Virtue

Almost all religions encourage forgiveness as a divine quality that brings a person closer to God.

6

Choosing Peace Over Conflict

Forgiveness replaces hatred with peace and promotes unity among individuals and communities.

3

Healing the Heart

Forgiveness heals emotional wounds and brings mental peace, freeing the mind from negativity.

4

Restoring Relationships

Forgiving others can rebuild trust and restore broken relationships, creating harmony and understanding.

7

Freedom for the Soul

When we forgive, we liberate ourselves from the burden of anger and open the door to inner happiness.

I AM
PEACEKEEPER
Promoting Human
Values for Global
Peace



'Forgiveness is the
fragrance that the violet
sheds on the heel that
has crushed it.'



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